

Project C.A.R.E.
(Challenge Activities Ropes Experience)
Awareness of Program Policies

Project C.A.R.E. programs involve a variety of activities that often include warm-up games, group cooperative challenge problems, outdoor adventure low and high ropes course elements, and other physical activities. The level of participation is at all times up to the individual, we refer to this as "Challenge by Choice".

The staff will take reasonable precautions to ensure a safe activity. You will be given an overview of the program you are about to undertake, and you will be informed of specific safety rules and regulations that you will be expected to follow. Each individual participant assumes personal responsibility in confronting the real and perceived emotional and physical challenges. I agree to cooperate with staff and follow their guidelines to ensure a safe & enjoyable activity.

Medical screening, waiver and consent:

I understand that parts of the Project C.A.R.E. program may be physically or emotionally challenging. I affirm that my health is good, and that I am not under a physician's care for any undisclosed condition that bears upon my fitness to participate in Project C.A.R.E. activities. I recognize the inherent risk of physical injury in any activity. I release The Long Island Home; it's staff members and Board of Directors, from all liability for any injury to me from participation in Project C.A.R.E. activities.

Date: _____ Applicant's Signature: _____

Organization / Group / School _____

Applicant's Address: _____

City, State, Zip _____

Home Telephone #: _____ Business #: _____

Parent/Guardian's Signature (if under 18 yrs. old): _____

WAIVONE