

2026 Legislative Breakfast
Media Toolkit

Each year, LIFT hosts its Legislative Breakfast, bringing together families, youth, advocates, providers, and elected officials from across Long Island for meaningful conversations about the issues impacting children, youth, and families. The event creates an opportunity to share lived experience, build partnerships, and discuss policy solutions that strengthen our communities.

This Digital Toolkit includes sample social media posts, messaging, and promotional resources to help spread the word about the 2026 Legislative Breakfast. Together, we can elevate family and youth voice, foster collaboration, and advance policies that create stronger supports for Long Island families.

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Long Island Families Together

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Hashtags

#LIFTBreakfast2026
#LiftVoicesInformSystems
#LongIslandFamilies
#FamilyVoice

Policy Priorities

- Solutions Not Suspensions
- Medicaid Carve Out
- Invest in Behavioral Health Capacity & Access

QR CODES

Event Registration

Sample Email

Email List for Legislators

FIND YOUR REP!



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